

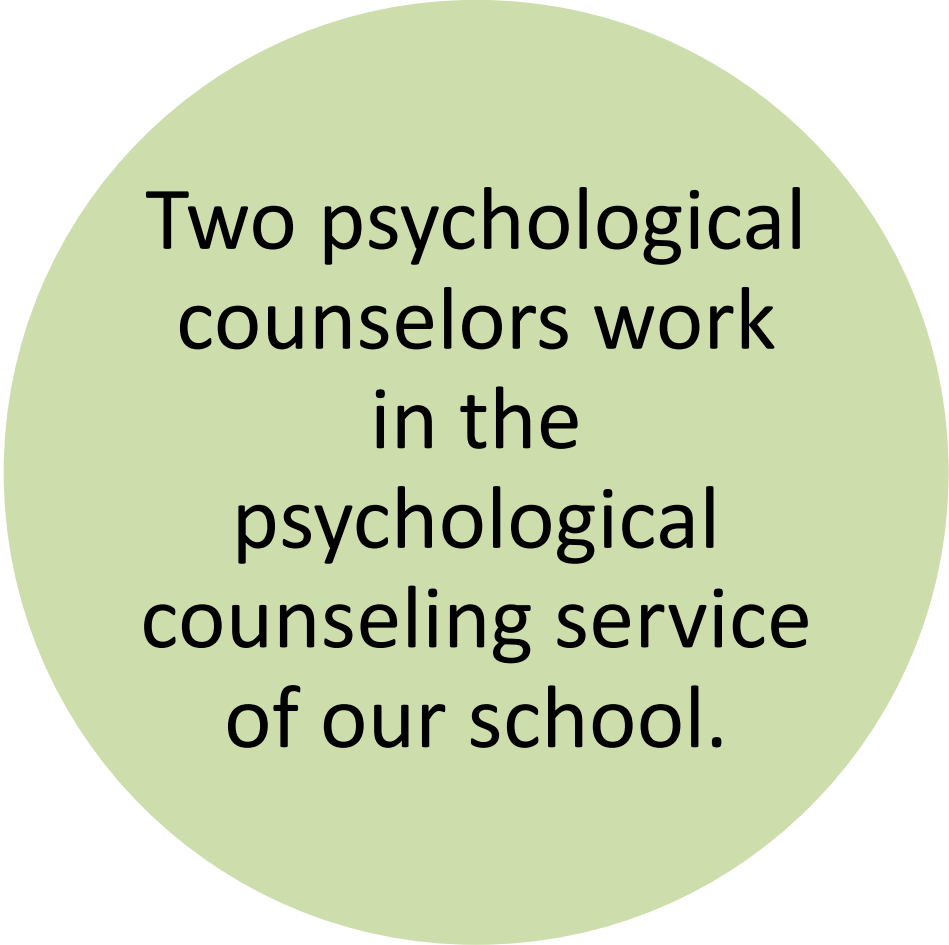


PSYCHOLOGICAL SERVICES (Exchange of Good Practices)

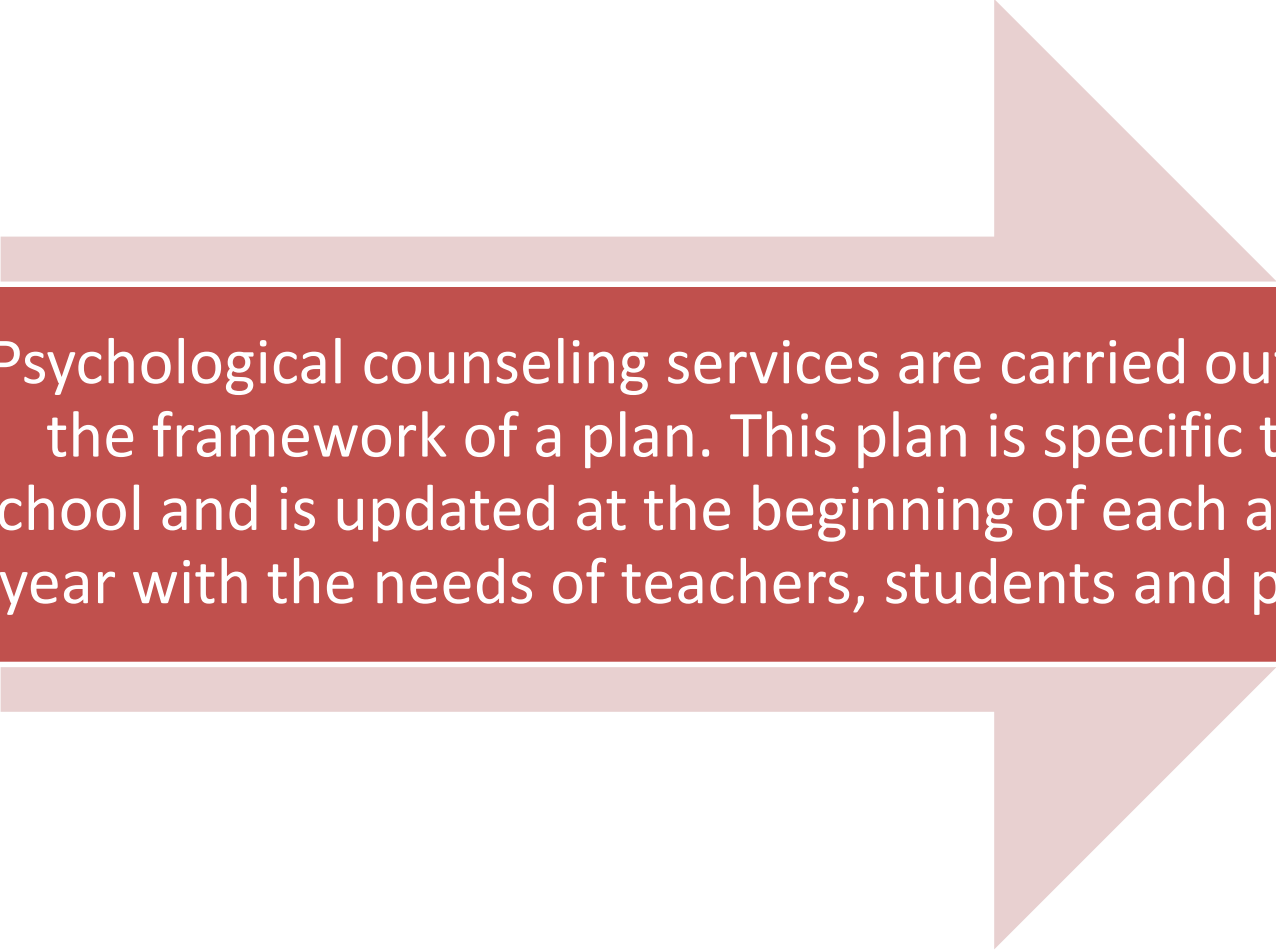


There are psychological counseling services established to meet the psychological needs of students in all schools at the preschool, elementary, middle and high school levels in Turkey. This service is integrated into educational system.





Two psychological
counselors work
in the
psychological
counseling service
of our school.



Psychological counseling services are carried out within the framework of a plan. This plan is specific to our school and is updated at the beginning of each academic year with the needs of teachers, students and parents.

TOPICS

Peer bullying



Conscious use of technology



Resilience



Prevention of neglect and abuse



Prevention of violence



Anger management



Wellness



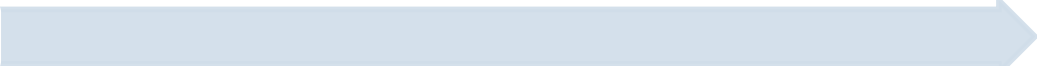
Addiction prevention



Adolescence



Career planning



Choice of profession



Self-knowledge (interests, talents and values)





Services are provided in five ways.

Psychological tests

Individual psychotherapy

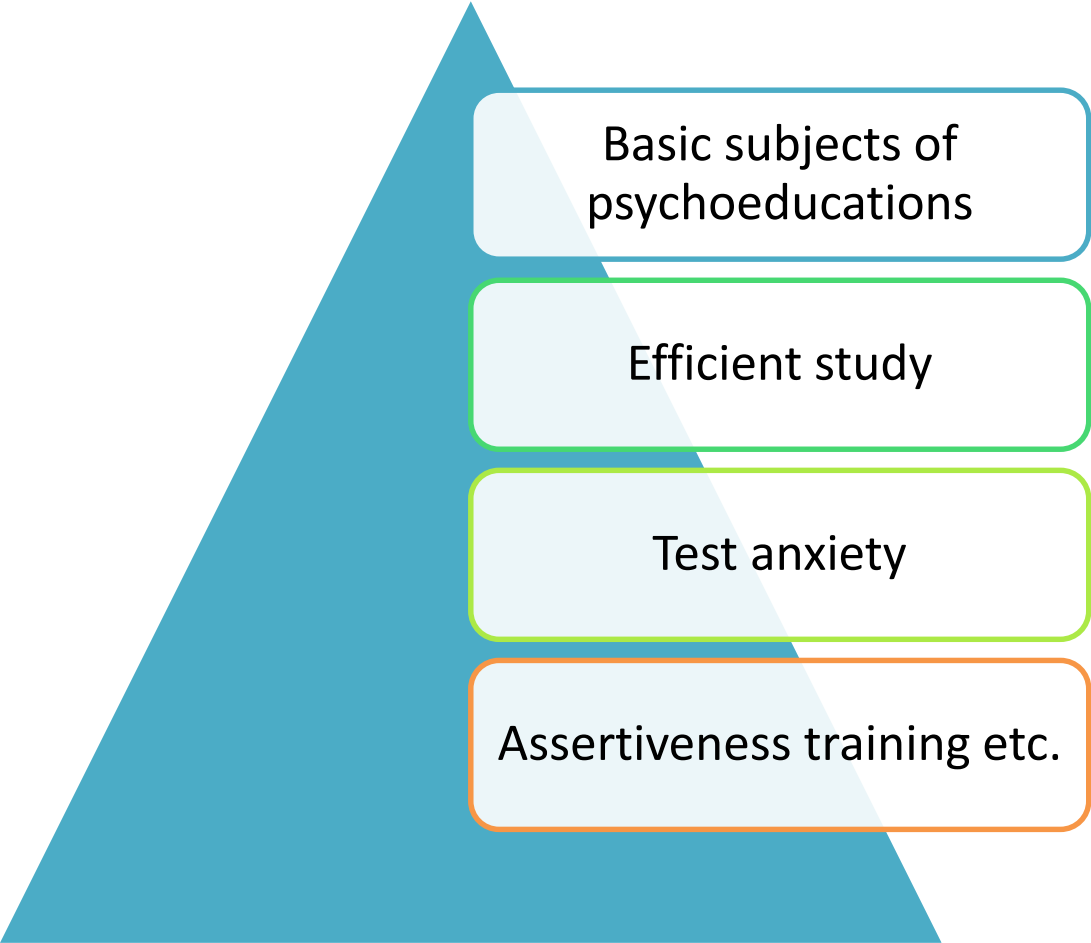
Counseling for parents and teachers

Psychoeducation

Large group guidance







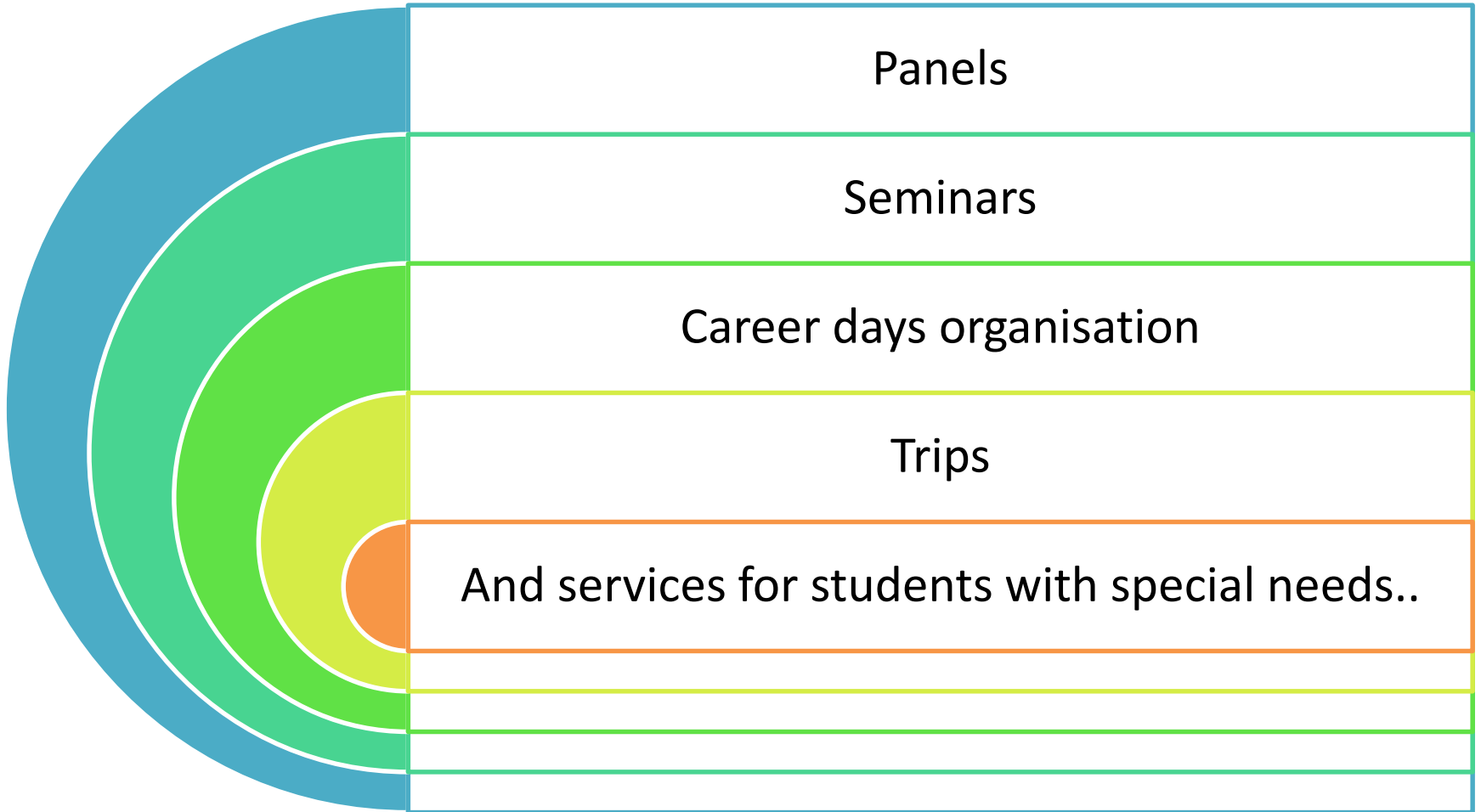
Basic subjects of
psychoeducations

Efficient study

Test anxiety

Assertiveness training etc.

There are also..



Panels

Seminars

Career days organisation

Trips

And services for students with special needs..

Psychological Support And Consulting Services Provided To Pupils Inside and Outside The School

Presentation of the services

1. KESY - Greek educational and consulting support centers
2. KESYP - Greek consulting and orientation centers
3. Parent schools
4. School life counseling institution

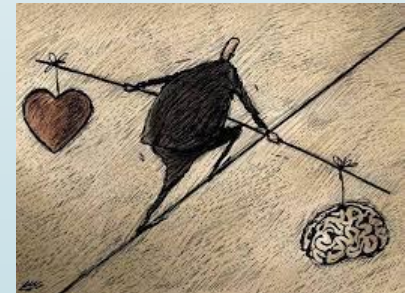


1. KESY – Greek educational and consulting support centers

Special educational needs of pupils with disabilities and learning problems are being searched and confirmed by this above mentioned institution

Special diagnostical evaluation committee and medical – educational centers that are certified from the Ministry of National Education

Evaluates pupils that have not completed 22 years of age. The evaluation is being conducted by a 5 member committee



Responsibilities

- ▶ 1. Search and confirmation of the kind and degree of disabilities at pupils with special educational needs at both pre-school and school-age
- ▶ 2. The introduction in adaptive service, training group programs of psychoeducational support and creative activity in collaboration with both teachers and the institution
- ▶ 3. Provision of constant educational support and update of the staff and anyone who takes part in the educational process



2. KESYP – Greek consulting and orientation centers

The institution is servicing pupils - students up to 25 years old, parents – guardians and teachers

Their role is to provide consulting support to students, parents and teachers at matters of career (educational and professional)

Materialize tasks of group and personal consulting at school facilities (consulting interview and professional orientation test) in agreement with the institution

Cooperation with teachers that apply to School Vocational Guidance

Put together seminars for teachers

Coordinate and support the career consulting program



3. Parent schools



“Parent schools” is a free program that takes place in all schools of the country and aim at education and support of every mother and father for the complex role of a parent, the way it is being formed socio – economical circumstances



This program targets parents of children of all ages, no matter ethnical background, age or education, future parents, parents of kids with disabilities, teachers and minority groups

These programs are being conducted by specialized scientists

The main topics that take place with experiential tasks are

- School and family
- Safe internet
- Minority (vulnerable social groups) issues - racism
- Bullying
- Addiction
- Sexual education
- Environmental education
- Vaccines - right use of antibiotics



4. School life counseling institution



An authorized teacher is responsible for consult, inform and support pupils, teachers and parents about educational issues that address issues that concern schools

Resolves crisis

Prevents antisocial behaviors

Reinforces - supports pupils

Contributes to cultivate relationships based on trust among education community members

Creates positive interaction and cooperative relations among school members and members of a wider educational community



The I.C. "Plinio il Vecchio" of Cisterna di Latina, in continuity with the services offered in previous years, provides psychological support to students, to their families and to the staff of the Institute.

The psychological counselling activity is completely free and represents a support tool about relational and behavioural problems, experienced both inside and outside the school context (family, peers) and giving a support during the adolescent growth.



During this school year, this support is realised through the Project "Are you in the game or offside? - Ethical School".

The Project is inspired by the recurrent talk of Youth Discomfort, Bullying and Cyberbullying, lately more and more associated with news stories that see young people as protagonists.



The term juvenile distress itself includes all the difficulties that can affect different areas of a young person's life, both at an emotional, family, scholastic or social level. The discomfort can manifest itself both in an emotional form, such as states of anxiety, mood changes, hyperactivity, and through deviant behaviours. Sometimes society fails to provide the tools to overcome the obstacles that inevitably are during adolescence or more generally the transition to adulthood.



Young people often have desires in contrast with social reality, which not only does not facilitate them, but which also implements a sort of control mechanism on them through the typical rules and prohibitions of each society. This state of malaise experienced by some subjects can remain latent or lead to contrasting attitudes and behaviours, fracturing towards the system.



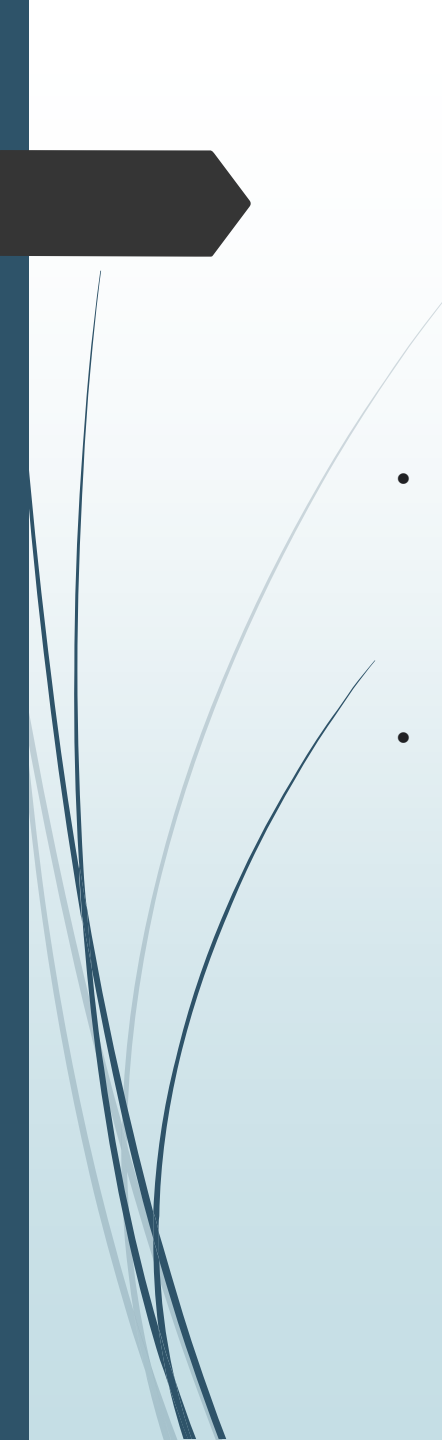
The project "Are you in play or offside? - Ethical School" aims to increase the concepts of prevention and reduce the phenomenon of bullying, cyberbullying, youth discomfort, etc. to the detriment of young people through the formation of an Action Team ready to interact with teachers, students, parents, etc., with the aim of recovering young people who are "victims" or "executioners", through Sport, Cinema, Theatre, etc.

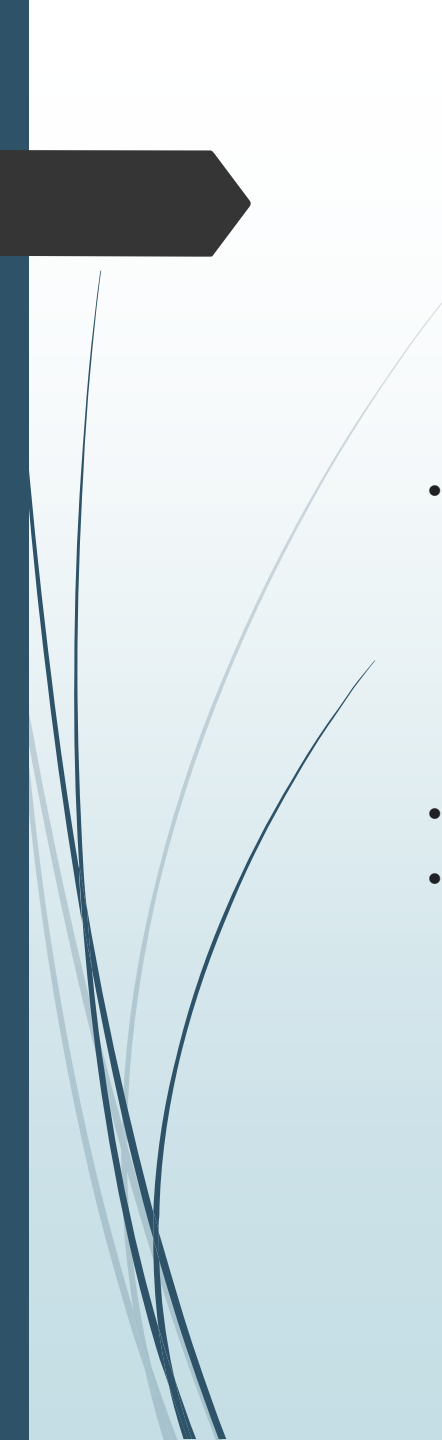




Provides

- a service of welcome, listening and support to situations of difficulty detected by adolescents, families and teachers and advice useful for preventing and fighting the phenomenon;
- meetings to raise awareness, prevention and training of parents / teachers / school collaborators, on the phenomenon of bullying, cyberbullying, youth discomfort, etc.;
- training courses for teachers in order to enhance knowledge of the problems linked to school and youth and of the methods of prevention and intervention;
- conferences and conventions on prevention and information;

- 
- enhancement of recreational and motor activities to support young people through which it is possible to expand the training offered to enhance a culture of "well-being" and aimed at the acquisition of healthy lifestyles that include the importance of sports at school;
 - promotion of interdisciplinary paths that help young people through physical education to understand the meaning of actions aimed at combating deviant behaviours such as bullying, cyberbullying, gender-based violence, doping, racism and to enhance social commitment and the culture of solidarity and mutual support;

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- enhancement of good practices and positive attitudes that through sport support adolescents in shaping their personality by facilitating the acquisition of responsible behaviour and developing their potential by counteracting the phenomenon of uncritical homologation to the trends and behaviour of the group;
 - legal advice and assistance;
 - opening of a listening desk for minors and adults (teachers / parents).

On October 28, 2021, a training meeting entitled "Strength and fragility of adolescents between growth and transgression" was held on-line, by Mrs. Anna Oliverio Ferraris, psychologist, psychotherapist and full professor of developmental psychology at Sapienza University of Rome.

I.C. "PLINIO IL VECCHIO"
Cisterna di Latina

"MIOSCELGOLAPACEELACOOPERAZIONE" "LIBRINSIEME 3.0" "GENERAZIONI CONNESSE"

"Forza e fragilità degli adolescenti tra crescita e trasgressione"

I Docenti della Scuola Secondaria di primo grado
incontrano la Prof.ssa
Anna Oliverio Ferraris

19 ottobre 2021
ore 17:00
Piattaforma Meet

ANNA OLIVERIO FERRARIS
SOPRAVVIVERE CON UN ADOLESCENTE IN CASA

NON SOLO AMORE

A PIEDI NUDI NEL VERDE

ANNA OLIVERIO FERRARIS
tutto per uno

ANNA OLIVERIO FERRARIS
TUO FIGLIO E IL SESSO

La Dirigente Scolastica
Prof.ssa Fabiola Pagnanelli

I.C. "Plinio il Vecchio"

#unastraadolescenzaepossibile

**Pericoli e derive
dell'adolescenza**

con
Maura Manca

Psicologa e Psicoterapeuta,
Presidente dell'Osservatorio Nazionale Adolescenza



**Giovedì 20 GENNAIO
2022
Ore 17:30
Piattaforma Meet**

LA DIRIGENTE SCOLASTICA
Prof.ssa Fabiola Paganelli

On January 20, 2022, on-line, parents and teachers of our Institute will meet Dr. MAURA MANCA, psychologist, psychotherapist, President of the National Adolescent Observatory, to talk about "Dangers and drifts of adolescence".